

**The Meridian-Balancing and Organ-Supporting Blends for the third trisection include:**

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**MERAMOUR'S PERICARDIUM  
MERIDIAN-BALANCING BLEND**

50% lavender  
25% patchouli  
25% fir

**MERAMOUR'S PERICARDIUM  
ORGAN-SUPPORTING BLEND**

30% cedarwood  
30% copal/copaiba  
20% myrtle  
20% geranium

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**MERAMOUR'S TRIPLE BURNER  
MERIDIAN-BALANCING BLEND**

50% cypress  
25% tangerine  
25% grapefruit

**MERAMOUR'S TRIPLE BURNER  
ORGAN-SUPPORTING BLEND**

30% cedarwood  
30% fir  
30% cypress/Japanese cypress  
10% ledum

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**MERAMOUR'S GALLBLADDER  
MERIDIAN-BALANCING BLEND**

50% marjoram  
25% rosemary (substitute with lavender  
if history of high blood pressure)  
25% tangerine

**MERAMOUR'S GALLBLADDER  
ORGAN-SUPPORTING BLEND**

30% lavender  
30% marjoram  
20% wintergreen  
20% rosemary (substitute with nutmeg  
if history of high blood pressure)

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**MERAMOUR'S LIVER  
MERIDIAN-BALANCING BLEND**

50% bergamot  
25% geranium  
25% cardamom

**MERAMOUR'S LIVER  
ORGAN-SUPPORTING BLEND**

40% fennel  
40% orange  
10% rosemary (substitute with clary sage  
if history of high blood pressure)  
10% celery seed

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