

First Trisection	Lung	Large Intestine	Stomach	Spleen
Muscle Associations	Serratus anterior Deltoids Coracobrachialis	Iliotibial band Hamstrings Quadratus lumborum	Pectoralis-clavicle Neck flexors Brachioradialis	Latisimus dorsi Upper trapezius Triceps
Organ Referral	Below lateralend of clavicle bone	Lower right abdomen	Lineal alba above umbilicus	Left lower rib cage
Meridian balancing Points	LU10 fire point LU11 wood point HT8 fire point (HT3+HT4) LV1 wood point	LI3 wood point LI5 fire point GB41 wood point (GB43+GB44) SI5 fire point	ST43 wood point ST44 water point GB41 wood point (GB43+GB44) UB66 water point	SP1 wood point SP9 water point LV1 wood point KD10 water point
Tonification points	LU9 earth point SP3 earth point (SP5+SP9)	LI11 earth point ST36 earth point (ST44+ST45)	ST41 fire point SI5 fire point	SP2 fire point HT8 fire point (HT3+HT4)
Supporting Points	ST37 / SP8 / UB62 / KD6 / GB39	ST37+39 / UB62 / KD6 / KD9 / LV5	LI4 / UB67 / KD6 / TB5 / LV5	LU7 / LI4 / KD7 / TB5 / GB39
Sedation points	LU5 water point KD10 water point	LI2 water point UB66 water point	ST45 metal point LI1 metal point	SP5 metal point LU8 metal point
Supporting Points	ST40 / SP4 / SP6 / KD7 / GB40	ST40 / SP6 / SP8 / UB67 / KD9	LI2 / PC6 / UB67 / KD6 / KD9	LU5 / KD7 / PC6 / GB40 / UB62
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Second Trisection	Heart	Small Intestine	Urinary Bladder	Kidney
Muscle Associations	Subscapularis	Quadriceps Abdominals	Peroneus Erector spinae	Psoas
Organ Referral	Left shoulder blade	Ribcage-abdominal attachment	Above pubic bone	Mid to low back/inner thigh
Meridian balancing Points	HT3 water point HT4 metal point KD10 water point LU8 metal point	SI1 metal point SI2 water point LI1 metal point BL66 water point	BL40 earth point BL60 fire point ST36 earth point (ST44+ST45) SI5 fire point	KD2 fire point KD3 earth point HT8 fire point (HT3+HT4) SP3 earth point (SP5+SP9)
Tonification points	HT9 wood point LV1 wood point	SI3 wood point GB41 wood point (GB43+GB44)	UB67 metal point LI1 metal point	KD7 metal point LU8 metal point
Supporting Points	LU5 / ST40 / SP4 / SP6 / KD7	LI2 / SP4 / SP6 / UB67 / LV5	LI2 / ST37+39 / PC6 / GB40 / LV5	LU5 / SP8 / KD10 / TB5 / LV5
Sedation points	HT7 earth point SP3 earth point (SP5+SP9)	SI8 earth point ST36 earth point (ST44+ST45)	UB65 wood point GB41 wood point (GB43+GB44)	KD1 wood point LV1 wood point
Supporting Points	LU5 / UB59 / KD7 / GB40 / LV5	LI2 / ST37+39 / UB67 / GB40 / KD9	LU7 / LI4 / ST37+39 / SP6 / LV6	LI4 / SP8 / TB5 / GB37 / GB40
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Third Trisection	Pericardium	Triple Burner	Gallbladder	Liver
Muscle Associations	Gluteus medius Piriformis	Teres minor	Anterior deltoid Fascial adhesions	Pectoralis-Sternal attachment
Organ Referral	Diaphragm and entire ribcage	Side line of torso	Right side of lower edge of ribcage	Right side of front of ribcage
Meridian balancing Points	PC3 water point PC5 metal point KD10 water point LU8 metal point	TB1 metal point TB2 water point ST45 metal point UB66 water point	GB34 earth point GB44 metal point ST36 earth point (ST44+ST45) LI1 metal point	LV3 earth point LV4 metal point SP3 earth point (SP5+SP9) LU8 metal point
Tonification points	PC9 wood point LV1 wood point	TB3 wood point GB41 wood point (GB43+GB44)	GB43 water point UB66 water point	LV8 water point KD10 water point
Supporting Points	LU5 / ST40 / SP4 / SP6 / KD7	LI4 / SP4 / SP6 / UB67 / KD6 / LV5	LI2 / ST37+39 / UB67 / PC6 / TB5	LU5 / ST40 / KD7 / PC6 / TB5
Sedation points	PC7 earth point SP3 earth point (SP5+SP9)	TB10 earth point ST36 earth point (ST44+ST45)	GB38 fire point SI5 fire point	LV2 fire point HT8 fire point (HT3+HT4)
Supporting Points	LU5 / UB59 / KD7 / GB40 / LV5	LU7 / ST37+39 / UB67 / KD9 / LV6	LI2 / ST37+39 / SP4 / SP6 / KD9	LU5 / ST40 / UB59 / KD9 / TB5